

RULES & REGULATIONS

Following are the Rules and Regulations for participating runners:

All participants must abide by the rules and regulations of SRT Ultra Marathon. The Race Director's and other associates of WGRF's decision is final in any case.

All participants must have completed 18 years of age on or before 7/12/2024.

All participants must understand and participate in SRT Ultra Marathon at their own personal risk.

All participants must be physically fit and mentally able to participate in SRT Ultra Marathon. Medical certificate is a must for all participants, you will email us the medical certificate at wgrf50@gmail.com.

You release and waive WGRF, their volunteers, and partners from liability for all losses, damages, injury, claims, demands, expenses, and any other liability, physical, psychological, or otherwise, directly or indirectly arising out of your participation in SRT Ultra Marathon.

You will be present at the pre-race briefing meet where you will be collecting your marathon bib on time. Marathon bib will strictly not be provided any time after the meet.

While collecting your bib and number, you will produce a photo identity proof like Aadhar card/ passport and your receipt of registration at the bib collection counter for verification purpose.

Individual numbered bibs will be provided to each and every participant, which should be worn and visible in the front part of every runner's body. Do not hide your bib numbers with clothing.

On race day all participants must arrive and report at the venue 1 hour prior to the start of SRT Ultra marathon.

All participants must possess all the necessary gear for mountain and trail running with them during the marathon. The compulsory items include mobile phone with our helpline number saved, trail running shoes and socks, choice of running apparel, bandana (buff), gloves, wind proof jacket, sunglasses, sunscreen lotion, minimum 1 litre of water, electrolyte powder or tablet, headlamp, also trekking poles (if necessary), 1 or 2 fruits, energy bar/gels.

You must be aware that the property you will be running on is the property of Maharashtra State Forest Department, Maharashtra State Archeology Department, Maharashtra State Public Works Department, Village Gram Panchayat limits, and that you will respect the environment you are passing through at all times.

You will manage to deal with any difficulties that arise with you by yourself, without outside help, with regards to climatic and geographical conditions at high altitude.

You will manage yourself with physical and mental problems that arise from small injuries, muscle and articular pains, fatigue, nausea, digestive problems. Be totally aware that WGRF will not be able to help you manage these problems.

We reiterate that you will be present in a very fragile eco-system, we require you to have prior mountain running training/experience to have the required presence of mind during the marathon.

All participants must stay on the official marked course during their run of the marathon.

The entire course will be well marked, ensure to keep an eye on the stewards stationed at various points who will caution you to go slow. There are points where the soil is very loose, so in order to avoid accidents it is mandatory for the runners to look before you proceed.

There are special check points where chains and bolting have been done, please tread carefully in this area. Maximum attention is required from runners at Nagphani mountain before Vinzar, Rajgad descent underneath Sanjeevani Machi, and Torna ascent near Budhla Machi, Torna ridgeline near Konkan Darwaza, and Torna descent.

The course is marked on the route, summits, passes, forks, junctions, hazardous locations. Keep your eyes open for marked signs along the way.

The course is filled with beautiful single track trails, and breathtaking single track mountain ridges. Strictly no overtaking in these areas, watch out for no overtaking signs. We do not want you or your fellow participants to risk your safety.

In case of emergency or injury to you or fellow participant, contact our helpline numbers and mention your current location and type of assistance required.

Usage of trekking poles is optional, but if you are using them, you will have to make sure you are not getting them in fellow runner's way, and protect them from the points of the poles.

Participants must not throw trash/rubbish/garbage outside of 50m radius of an aid station. There will be a penalty of 60 minutes loss in timing for throwing trash/rubbish/garbage that you possess anywhere on the marathon route.

There will be disqualification from the marathon if you shortcut the route by not following the signage, voluntarily or involuntarily.

There will be disqualification if you do not pass through compulsory check points.

There will be a straight disqualification from the marathon if you have caused physical harm and injury to any of the fellow participants.

You will give your full consent to the medical staff for providing you medical treatment during the marathon.

Competitors must give assistance to fellow participants who may be injured or distressed. We will take into account the time spent on this assistance.

Any retirement (self or forced) from SRT Ultra Marathon must take place only at a check point unless in extreme situations. If you think you cannot go any further, we strongly recommend you to take retirement, albeit sportingly, and come back stronger in the next edition, there will always be another time.

You agree to pay the registration fees in full at the time of registration, and understand there will not be any refund for paid amount in any circumstance.

You agree that there will be no transfer of registration to any other person apart from you, in any circumstance.

You have read the important race guidelines mentioned on our website www.wgrf.in.

You have read and agreed the terms and conditions before registration in SRT ULTRA 2024